



Press Release

Doctors Telehealth Network Provides Eye-Opening Early Results to Patients, Staff at Rural PA Health Facility

NEWPORT BEACH, Calif., Sept. 12, 2005 – Doctors Telehealth Network (DTN) today announced it has successfully installed its video-conference-based healthcare system at Bradford County Manor, a short and long-term medical care facility in rural northeast Pennsylvania.

After several months of watching demonstrations of the system, manor officials were convinced that DTN helped its patients both physically and psychologically by alleviating the need to transport them in vans to the larger medical centers 30-60 miles away for doctor visits, medical tests and other forms to treatment, said Kurt Grossman, DTN president/founder.

DTN (<http://www.doctel.net>), with headquarters in Newport Beach, Calif., is a new way for healthcare professionals to perform remote patient exams, exchange critical medical data, hold video-conferencing communications, conduct distance learning and gain access to a complete network of doctors and medical specialists, he explained.

One of the demonstrations involved the facility's medical director, Dr. Ralph Winston, who was in a treatment room with an elderly resident. From 3,000 miles away in California, during the annual conference of the California Association of Long-Term Care Medical Directors (CALTCM), Dr. Jay Luxembourg was able to examine Dr. Winston's patient remotely via teleconference technology.

After a short briefing on how to operate the equipment, both doctors were able to speak to the patient, check his vital signs and take a 50-times magnification picture of the patient's feet where circulatory problems were evident.

The doctors also became convinced that his resident patients would benefit from avoiding the "unnecessary and possibly harmful" van ride over bumpy rural roads.

"Psychologically," said Grossman, "the doctors determined that the telehealth approach alleviated the common problems of disorientation, unstable behavior and patient outbursts which result when the residents are removed from their familiar environment."

As a result of the program's early success, Bradford Manor, which contracts with the larger Guthrie Health Systems in the state, contacted all of its primary care physicians to let them know that telehealth services would be available for office visits and post-surgical consultations, and for continuing education and staff training.

Grossman added that the facility plans to offer video visits during the upcoming holiday season so residents can speak face-to-face with relatives anywhere in the country. And because of the success of the DTN installation, the system will be used at the Bradford County Manor to screen local residents for osteoporosis. It is part of a national campaign, "Health People 2010", to measure bone density, an annual Medicare requirement.

The campaign, which originated in 1979, is a 10-year plan designed to reduce the heavy taxpayer burden healthcare for chronic diseases, Grossman said.



"With frequent screenings and today's modern medicines, many of these cases can be prevented," he added, explaining that milk and calcium intake no longer absorbs into the bones as it does in younger people.

Grossman said his company is adding new facilities and physicians each month in its quest to bring the DTN services and technology to medical facilities, doctors and medical staff, and patients in all 50 states within two years.

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